

An Update in the Management of HIV

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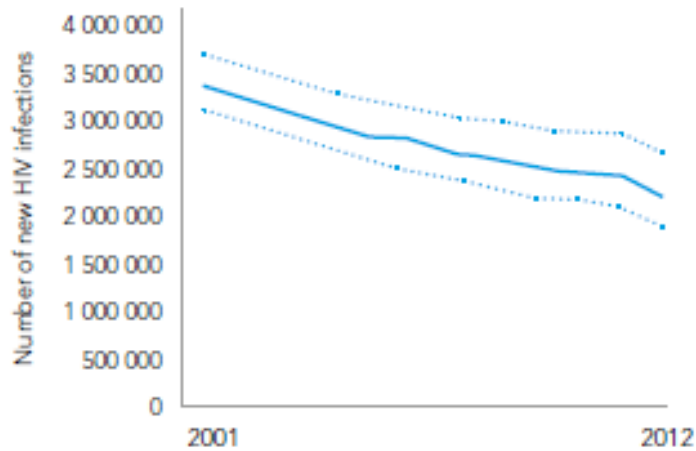
Objectives

- The participant will be able to list the preferred antiretroviral regimens for the initial management of a treatment-naïve HIV positive patient.
- The participant will compare and contrast new antiretroviral therapies recently FDA approved and their clinical applicability in HIV positive patients.

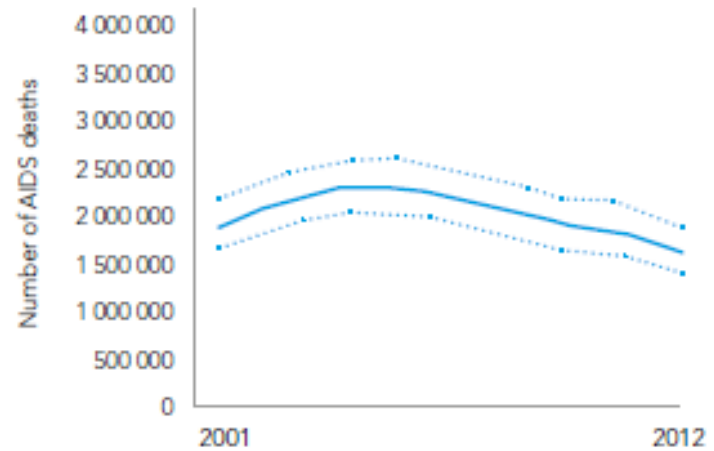
HIV Incidence and Prevalence

Global HIV Infections and AIDS Death 2001-2012

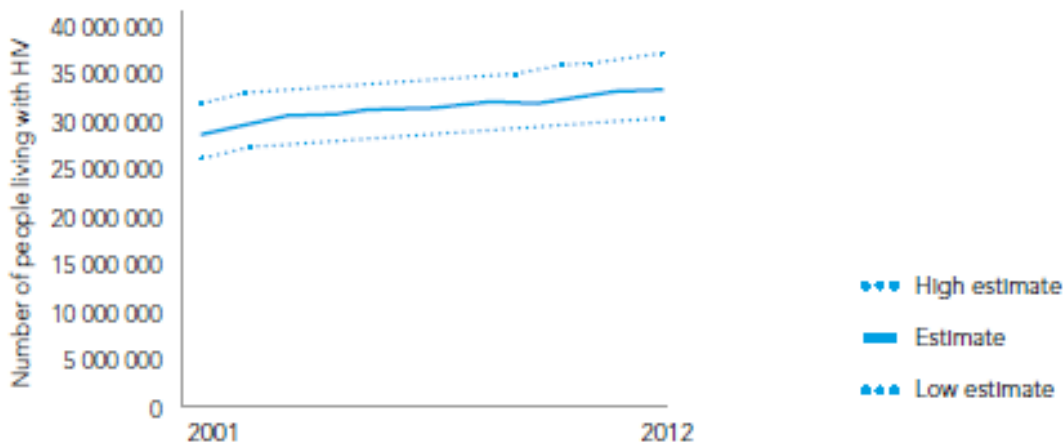
NEW HIV INFECTIONS, GLOBAL, 2001-2012



AIDS DEATHS, GLOBAL, 2001-2012



PEOPLE LIVING WITH HIV, GLOBAL, 2001-2012



◆◆◆ High estimate
— Estimate
■◆◆ Low estimate

Epidemiology

- CDC:
 - 1,148,200 persons are living with HIV
 - Approximately 50,000 new cases annually
- By 2015, 50% of HIV patients in the United States will be > 50 years old

The HIV and Aging Consensus Project.
http://www.aahivm.org/Upload_Module/upload/HIV%20and%20Aging/Aging%20report%20working%20document%20FINAL%202012.1.pdf (accessed March 22, 2012).

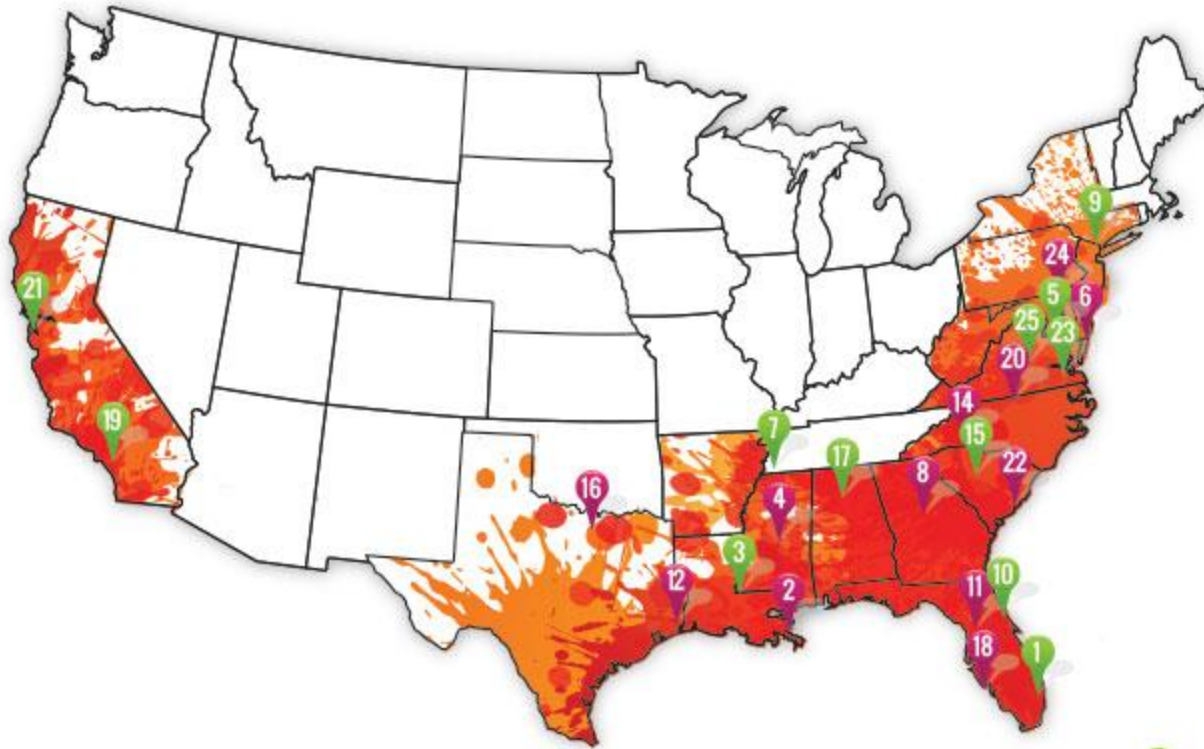
Hasse B, et al. CID 2012;53:1130-9.
N Engl J Med 2012;366:1270-3.

CDC. Estimated HIV incidence in the United States, 2007–2010. HIV Surveillance Supplemental Report 2012;17(No. 4).

http://www.cdc.gov/hiv/surveillance/resources/reports/2010supp_vol17no4/.

Published December 2012.

US Cities with the Highest Rates of HIV Infection



THINKSTOCK



1. Miami, FL
2. New Orleans
3. Baton Rouge
4. Jackson, MS
5. Washington, D.C.
6. Baltimore–Towson, MD
7. Memphis, TN
8. Atlanta, GA
9. New York City, NY
10. Jacksonville, FL
11. Orlando, FL
12. Houston, TX
13. San Juan, Puerto Rico
14. Charlotte, NC
15. Columbia, SC
16. Dallas, TX
17. Birmingham, AL
18. Tampa, FL
19. Los Angeles, CA
20. Greensboro, NC
21. San Francisco, CA
22. Charleston, SC
23. Virginia Beach, VA
24. Philadelphia, PA
25. Richmond, VA

Patient Case

- Patient is a 32yo AAF with shortness of breath:
 - HTN
 - Protein S deficiency
 - PE
- Recent evaluations by her PCP. Most recently the patient had completed levofloxacin 750 mg daily for 5 days for CAP.
- At her most recent clinic appt, her room air saturations decreased from 97% to 86%. Home oxygen was prescribed. A few days later, the patient was febrile to 101, with worsening cough, nausea, vomiting and her saturations decreasing to 80% at home. Patient was admitted to the hospital with CXR consistent with pneumonia.

Patient Case

- HIV screening was performed and on admission, she was told she was HIV positive.
- Social History:
 - Married with three children
 - Youngest child, age 5
 - Manager of a childcare center

HIV Screening

- The USPSTF recommends that clinicians screen adolescents and adults aged 15 to 65 years for HIV infection

HIV Screening

- Earlier diagnosis
- Antiretroviral therapy (ART) decreases the risk of sexual transmission
- ART in pregnant females reduces perinatal transmission

Patient Case

- Labs:
- ABG: 7.48/31/72/23.3/96%
- Na 142, K 4.4, Cl 104, CO2 28, BUN 11, SCr 0.87, BG 98, Ca 9.5, AST 33, ALT 33, Alk Phos 62, T Bili 0.9, C bili 0.3, Alb 3.7
- WBC 7.9 Hgb 13.5, Hct 41.5, Plts 345
- G6PD, Quant : WNL
- INR=2.7

Patient Case

- Labs:
- BAL culture: Gomori's methenamine silver stain (+) PCP; Ziehl-Neelsen stain (-) for AFB
- HAV (-), HBV cAb (-), HBV sAg (-), HBV sAb (-)
- HCV (-), CMV IgG (+), Toxo IgG (-), RPR NR, HLA B*5701
- CD4=50 (5%), HIV PCR 484,000 copies/mL, HIV genotype E138A
- AFB BC NGTD

Patient Case

- What are the current guidelines for initiating antiretroviral therapy?

Initiating Antiretroviral Therapy In Treatment–Naïve Patients

- ART is recommended to reduce the risk of disease progression
 - $CD_4 < 350$ cells/mm³ (AI)
 - CD_4 350-500 cells/mm³ (AII)
 - $CD_4 > 500$ cells/mm³ (BIII)
- ART is recommended for the prevention of HIV transmission
 - Perinatal transmission (AI)
 - Heterosexual transmission (AI)
 - Other transmission risk groups (AIII)

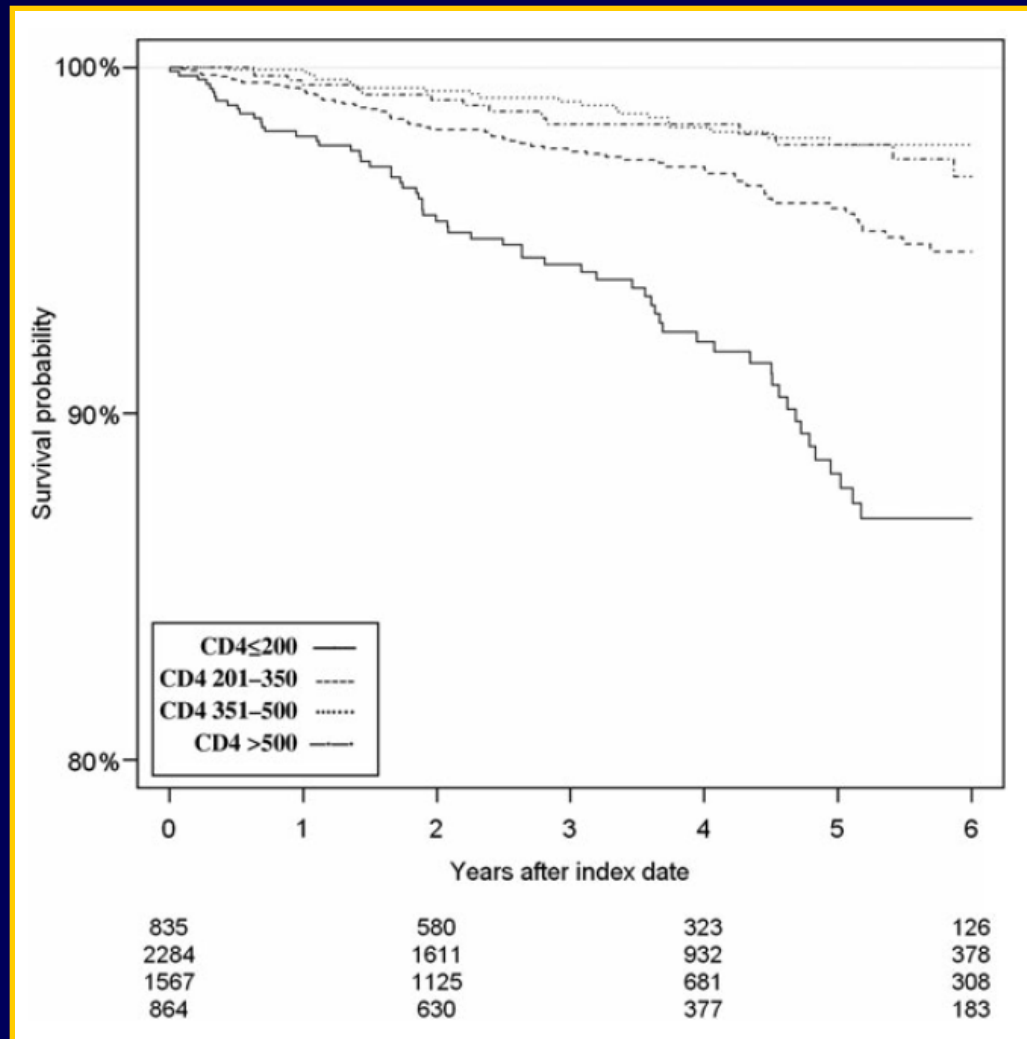
Antiretroviral Therapy and CD4 Responses

- Objective:
 - To identify risk factors for incomplete CD4 recovery
 - To identify associated mortality
- Inclusion:
 - Patients (age > 16 yo) with viral suppression (≤ 500 copies/mL) for > 3 years
 - CD4 count ≤ 200 cells/mm³ at viral suppression

Factors Associated with Low CD4 Responses

Variable	Adjusted OR (95% CI)
<i>Age, y</i>	
40-49	2.04 (1.45-2.88)
≥ 50	4.01 (2.84-5.68)
<i>Route of transmission</i>	
Male heterosexual sex	1.50 (1.21-1.85)
Injection drug use	2.03 (1.57-2.61)
<i>CD4 count at suppression, cells/mm³</i>	
≤ 25	5.21 (3.75-7.23)
26-50	4.46 (3.35-5.95)
51-100	3.73 (2.99-4.68)
101-150	2.08 (1.67-2.60)
<i>Time from ART initiation to viral suppression, mo</i>	
≥ 12	2.05 (1.68-2.50)

Cumulative Probability of Survival



Patient Case

- Labs:
- BAL culture: Gomori's methenamine silver stain (+) PCP; Ziehl-Neelsen stain (-) for AFB
- HAV (-), HBV cAb (-), HBV sAg (-), HBV sAb (-)
- HCV (-), CMV IgG (+), Toxo IgG (-), RPR NR, HLA B*5701
- CD4=50 (5%), HIV PCR 484,000 copies/mL, HIV genotype E138A
- AFB BC NGTD

Patient Case

- Which antiretroviral regimens are recommended?

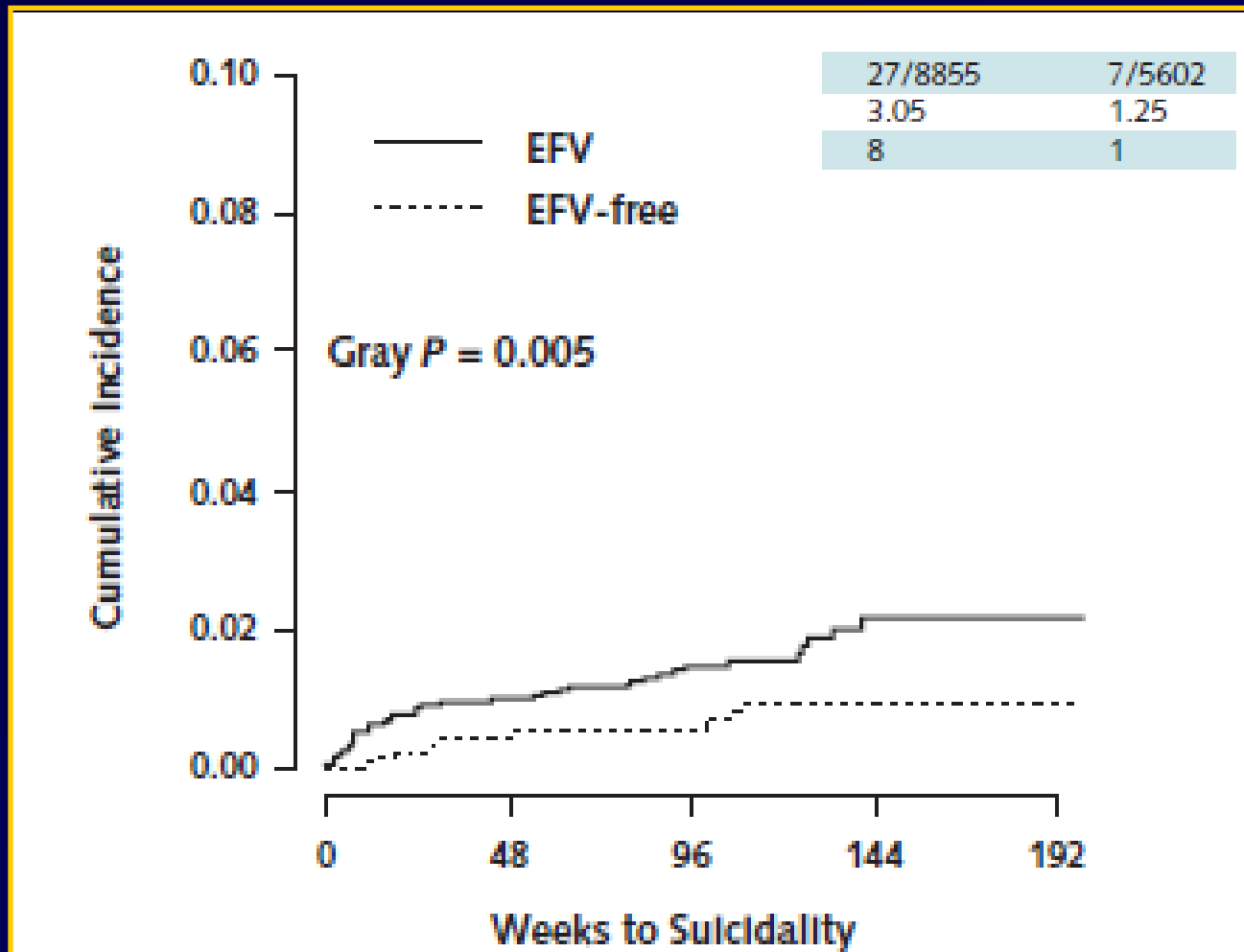
Recommended Antiretroviral Therapy In Treatment–Naïve Patients

Antiretroviral Class	NRTIs combinations
<i>INSTIs</i>	
Dolutegravir	Abacavir with Lamivudine [only if HLA-B*5701(-)] Emtricitabine with Tenofovir
Elvitegravir	Cobicistat, Emtricitabine with Tenofovir (only if CrCl > 70 mL/min)
Raltegravir	Emtricitabine with Tenofovir
<i>PIs</i>	
Darunavir/ritonavir	Emtricitabine with Tenofovir

Alternative Antiretroviral Regimens for Treatment–Naïve Patients

Antiretroviral Class	NRTIs combinations
<i>NNRTIs</i>	
Efavirenz	Emtricitabine with Tenofovir
Rilpivirine (only if HIV PCR < 100,000 copies/mL and CD ₄ > 200 cells/mm ³)	Emtricitabine with Tenofovir
<i>PIs</i>	
Atazanavir/cobicistat (only if CrCl > 70 mL/min)	Emtricitabine with Tenofovir
Atazanavir/ritonavir	Emtricitabine with Tenofovir
Darunavir/cobicistat (only if CrCl > 70 mL/min)	Abacavir with Lamivudine [only if HLA-B*5701(-)] Emtricitabine with Tenofovir
Darunavir/ritonavir	Abacavir with Lamivudine [only if HLA-B*5701(-)]

Efavirenz and CNS Dysphoria



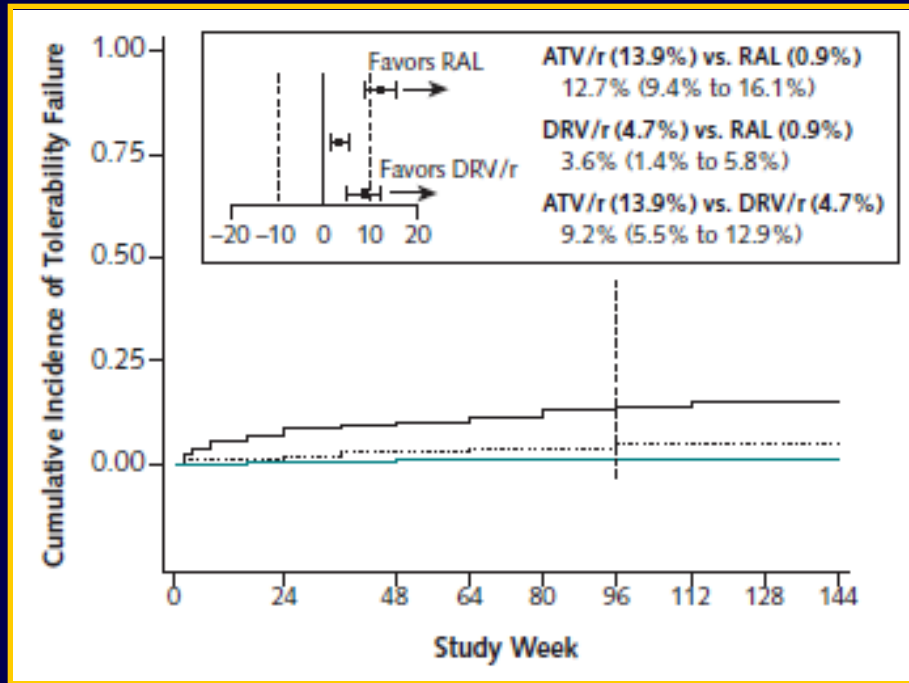
Patient Case

- Which antiretroviral regimens is the best for this patient?

Raltegravir with Emtricitabine/Tenofovir

- Advantages:
 - No virologic or immunologic restrictions
 - Virologic efficacy comparable to boosted PI regimens with enhanced tolerability
- Disadvantages:
 - Twice daily regimen
 - Minimal drug-drug interactions (must be avoided with concurrent administration with antacids)
 - Low genetic resistance barrier

Initial Antiretroviral Therapy for Treatment-Naïve Patients

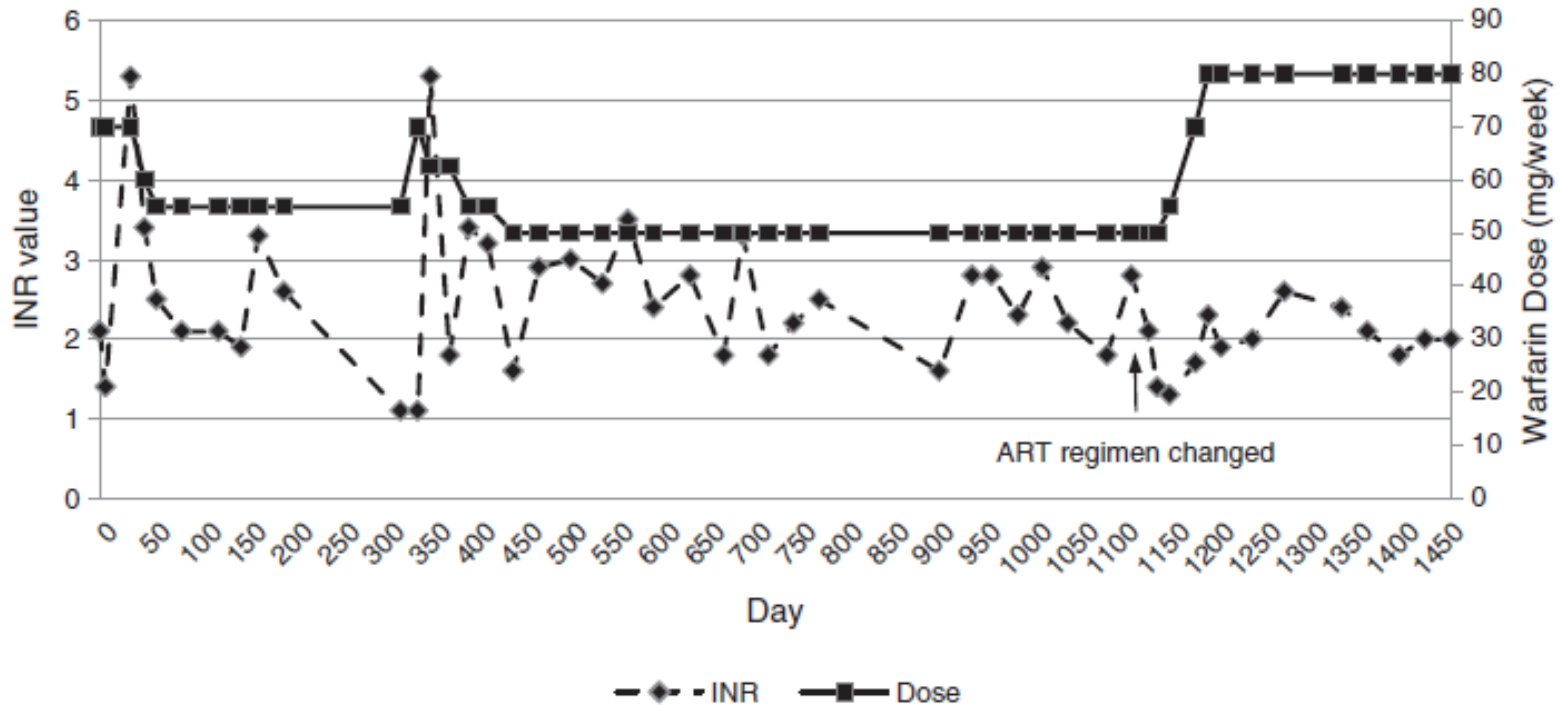


Variable	Treatment Group, <i>n</i>		
	ATV/r	RAL	DRV/r
Virologic failure	95	85	115
Genotype testing complete	75	65	99
Any resistance detected	9	18	4
PI resistance detected	0	0	0
NRTI-only resistance detected	8	7	3
Emtricitabine*	5	7	3
TDF†	2	0	0
TDF and emtricitabine	1	0	0
INI-only resistance detected‡	1	1	1
NRTI and INI resistance detected	0	10	0
Emtricitabine and RAL	0	7	0
Emtricitabine, TDF, and RAL	0	3	0

Elvitegravir/Cobicistat/Emtricitabine/Tenofovir

- Advantages:
 - Once-daily dosing
 - No virologic or immunologic restrictions
 - Comparable to efavirenz or atazanavir-based regimens
 - Indicated now for simplification
- Disadvantages:
 - Not recommended in patients with CrCl < 70 mL/min
 - COBI inhibits tubular secretion of SCr
 - Multiple drug-drug interactions (including concurrent administration with antacids)
 - Low genetic resistance barrier

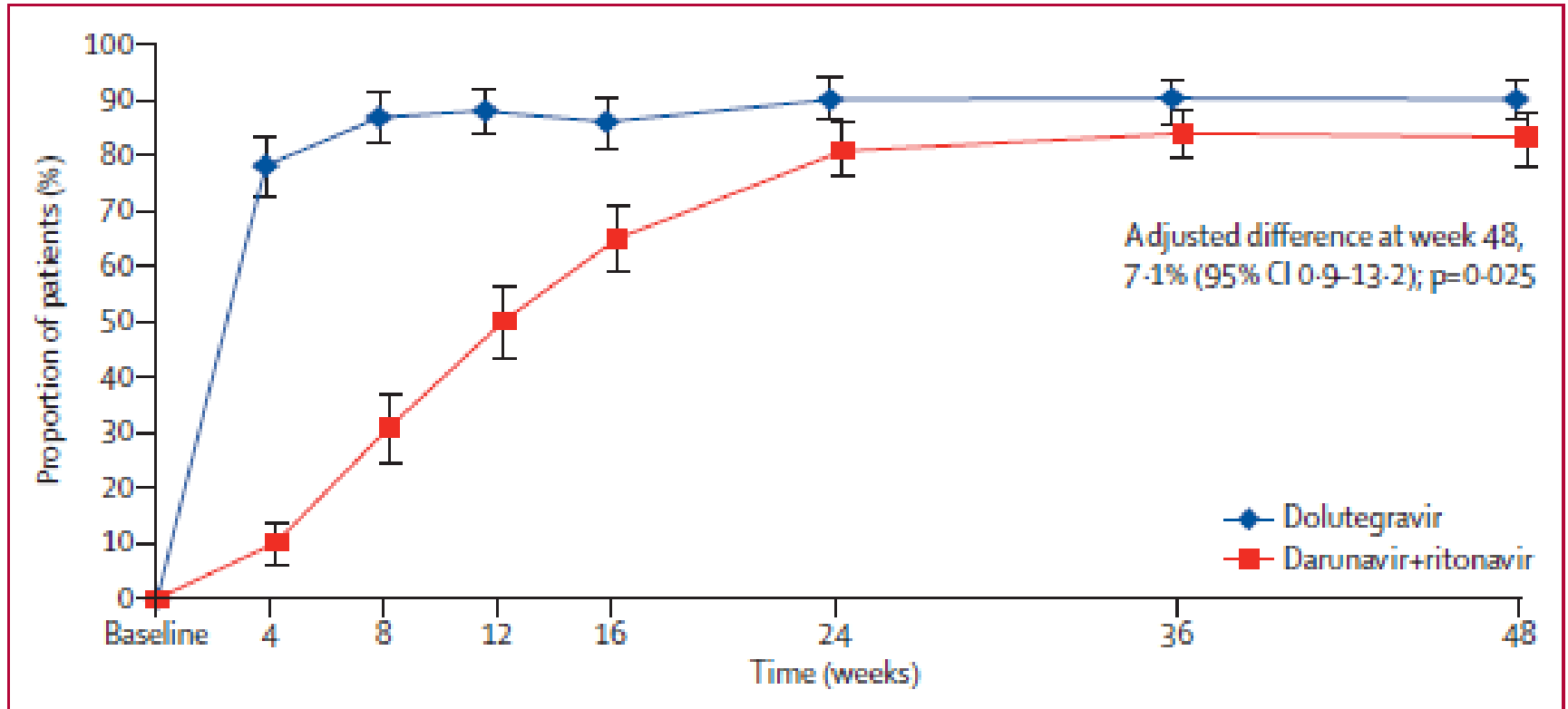
Elvitegravir/Cobicistat



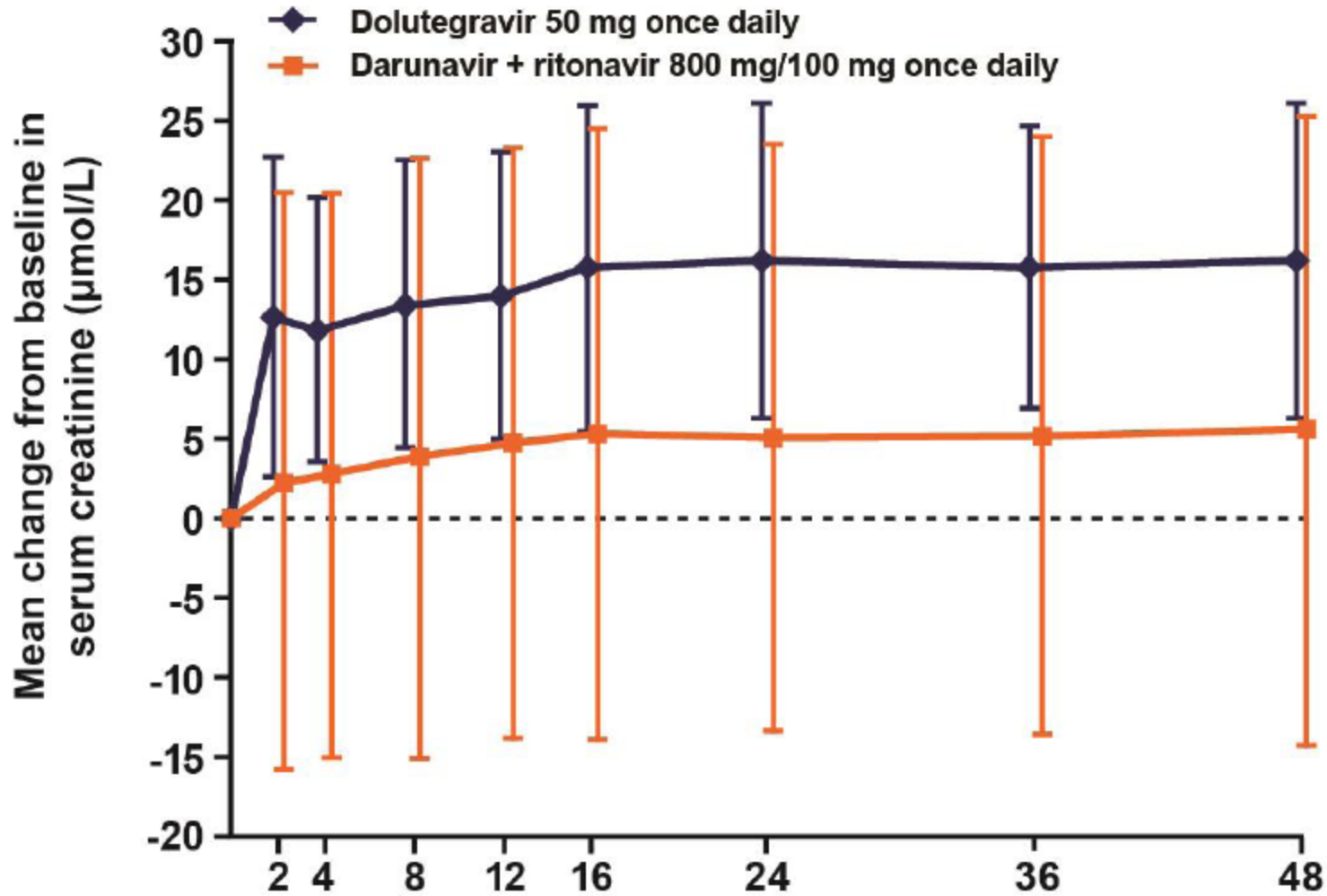
Dolutegravir/Abacavir/Lamivudine

- Dolutegravir 50 mg daily (N=224) or darunavir/ritonavir (N=213) once daily (with 2 NRTIs)
- Treatment-naïve patients
- VL=31,000 copies/mL
- CD₄=390-400 cells/mm³

Dolutegravir/Abacavir/Lamivudine



Dolutegravir/Abacavir/Lamivudine



Dolutegravir/Abacavir/Lamivudine

- Advantages:
 - Once-daily dosing
 - No virologic or immunologic restrictions
 - Virologic superiority to efavirenz or darunavir--based regimens
 - May have higher genetic resistance barrier and may be sequenced after other INSTIs
 - Minimal drug interactions
- Disadvantages:
 - Requires pre-screening with HLA-B*5701
 - DTG inhibits tubular secretion of SCr
 - Oral absorption affected concurrent administration with antacids and/or multivitamins

Dolutegravir/Abacavir/Lamivudine



Darunavir/Ritonavir/Emtricitabine/Tenofovir

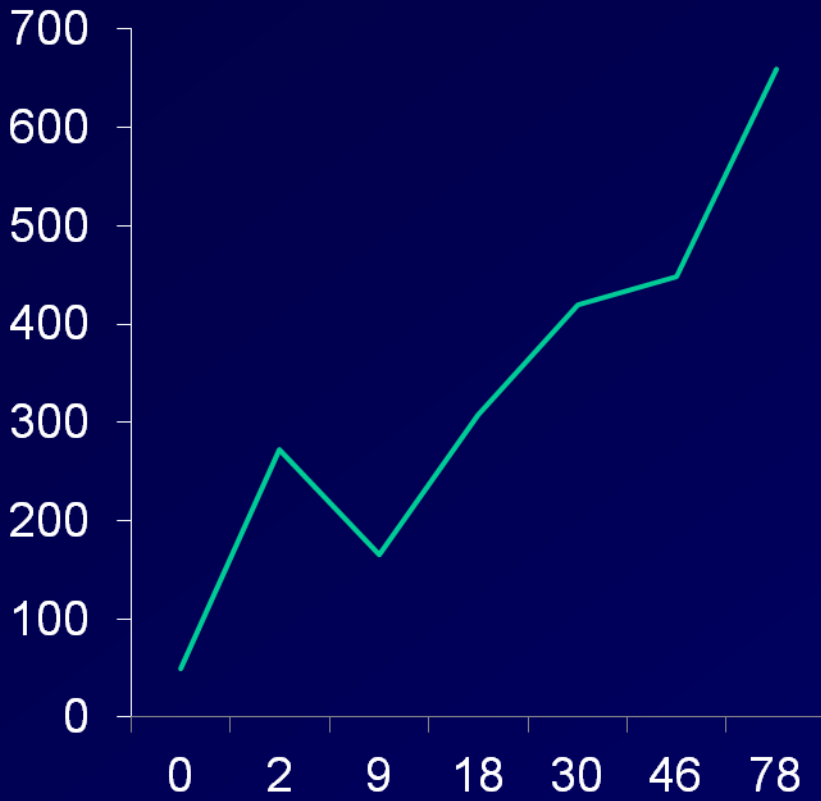
- Advantages:
 - High genetic resistance barrier
 - No virologic or immunologic restrictions
 - Sustained virologic and immunologic responses
 - Well-tolerated compared to alternative boosted PI regimens
- Disadvantages:
 - Three separate tablets
 - Multiple drug interactions with co-administration with ritonavir
 - Hyperlipidemia

Patient Case

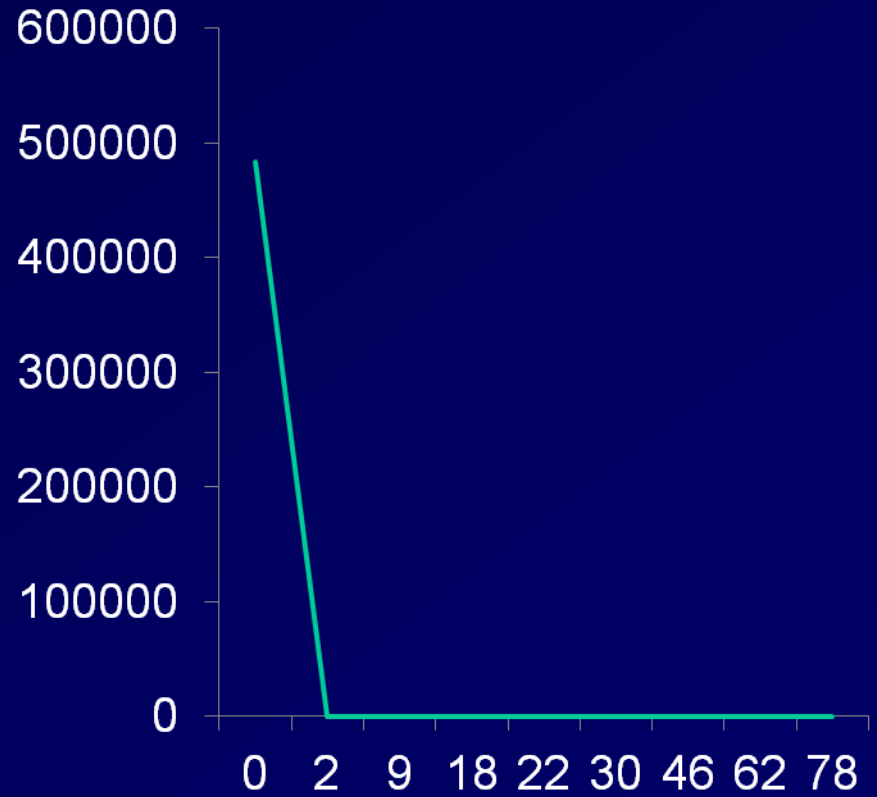
- Which antiretroviral regimens is the best for this patient?
- Raltegravir 400 mg twice daily
- Emtricitabine 200 mg/Tenofovir 300 mg once daily

Patient Case

CD4 (cells/mm³)



HIV PCR (copies/mL)

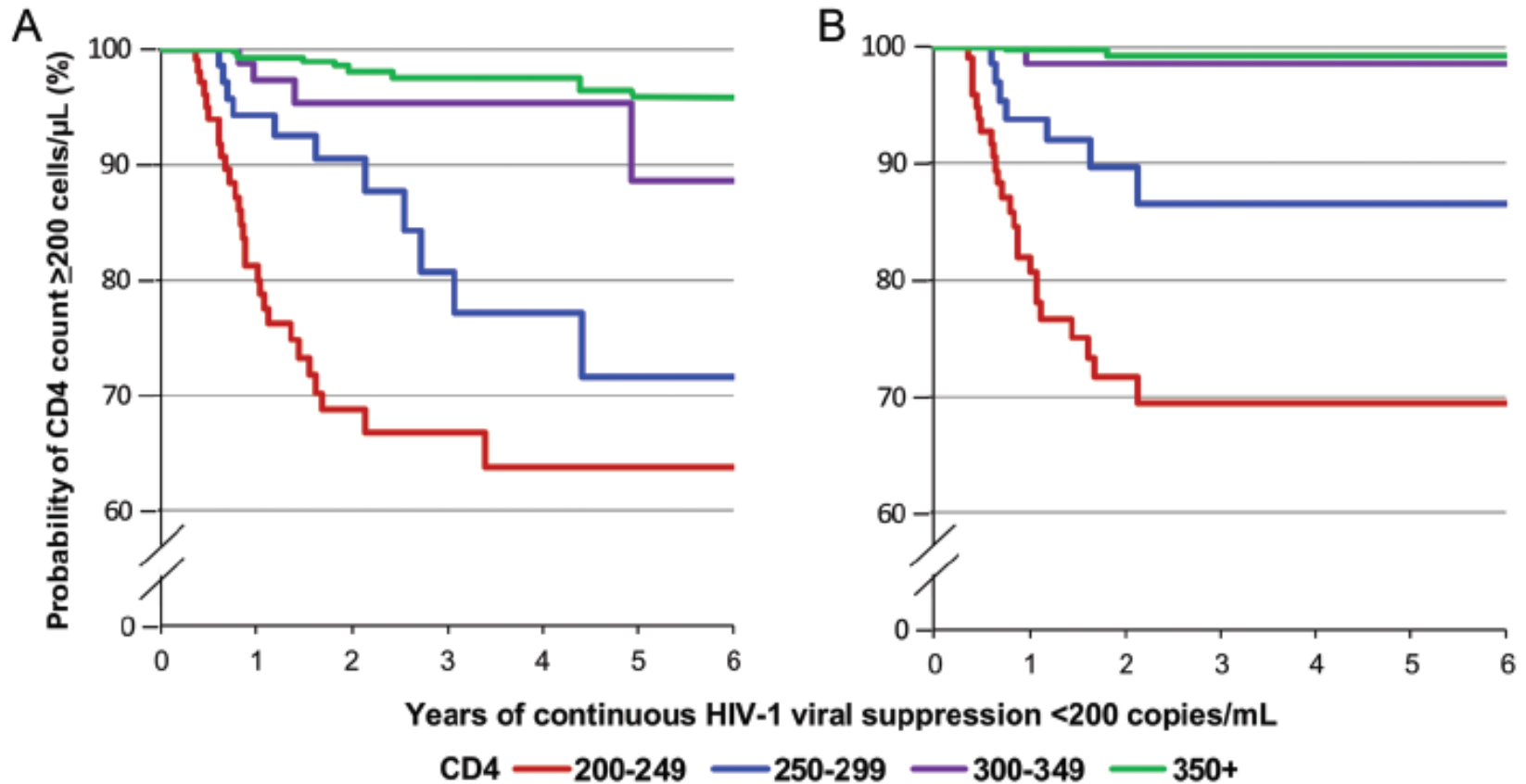


HIV Monitoring

Recommendations on the Indications and Frequency of Viral Load and CD4 Count Monitoring

Clinical Scenario	Viral Load Monitoring	CD4 Count Monitoring
<i>Before initiating ART</i>	At entry into care (AIII)	At entry into care (AIII)
<i>After initiating ART</i>	2-8 weeks after ART initiation (AIII); then, every 4-8 weeks until VL suppressed	3 months after ART initiation (AIII)
<i>The first 2 years of ART</i>	Every 3-4 months (AIII)	Every 3-6 months (BII)
<i>After 2 years of ART (VL consistently suppressed, CD4 consistently 300-500 cells/mm³)</i> <i>After 2 years of ART (VL consistently suppressed, CD4 consistently >500 cells/mm³)</i>	May extend to every 6 months for patients with consistent viral suppression for ≥ 2 years (AIII)	Every 12 months (BII) Optional (CIII)

Kaplan-Meier Estimates of Probability of Maintaining CD4 > 200 cells/mm³



CD4 Monitoring

Frequency, mo	Lifetime Costs ^a					
	Annual Costs ^a		Projected for LE of 22 Years		Projected for LE of 34 Years	
	CD4 Test Cost		CD4 Test Cost		CD4 Test Cost	
	\$38	\$67	\$38	\$67	\$38	\$67
Every 3	41.0	72.4	902.9	1591.9	1395.4	2460.2
Every 6 ^b	20.5	36.2	451.4	796.0	697.7	1230.1
Every 12	10.3	18.1	225.7	398.0	348.8	615.1

Patient Case

- Patient is a 55yo AAM
 - HIV (2009)
 - Macular degeneration (Legally blind)
 - Schizophrenia
 - HTN
 - Hyperlipidemia

Patient Case

- Medications:
 - Atazanavir 300 mg once daily
 - Ritonavir 100 mg once daily
 - Abacavir 600 mg/lamivudine 300 mg once daily
 - Amlodipine 10 mg once daily
 - Metoprolol 50 mg twice daily
 - Hydrochlorothiazide 25 mg once daily
 - Pravastatin 40 mg once daily
 - Fluphenazine 5 mg twice daily
 - Benztropine 1 mg twice daily
 - Trazodone 50 mg once daily

Patient Case

- CD4=486 (18%)
- HIV PCR= < 20 copies/mL

Patient Case

- Admitted to the hospital with new diagnosis of diabetes mellitus
- HgbA1C=14%

Laboratory Test	Timepoint/Frequency of Testing								
	Entry into Care	Follow Up Before Initiation of ART	ART Initiation or Modification ^d	Follow-Up 2 to 8 Weeks After ART Initiation or Modification	Every 3 to 6 Months	Every 6 Months	Every 12 Months	Treatment Failure	Clinically Indicated
Hepatitis B Serology ^f	√		√ May repeat if HBsAg (-) and HBsAb (-) at baseline						√
Hepatitis C Serology, with Confirmation of Positive Results	√								√
Basic Chemistry ^{g,h}	√	√ Every 6–12 months	√	√	√				√
ALT, AST, T. bilirubin	√	√ Every 6–12 months	√	√	√				√
CBC with Differential	√	√ Every 3–6 months	√	√ If on ZDV	√				√
Fasting Lipid Profile	√	√ If normal, annually	√	√ Consider 4–8 weeks after starting new ART regimen that affects lipids		√ If abnormal at last measurement	√ If normal at last measurement		√
Fasting Glucose or Hemoglobin A1C	√	√ If normal, annually	√		√ If abnormal at last measurement		√ If normal at last measurement		√

Diabetes Mellitus (DM) Among HIV-infected Adults in Care in the United States, 2009-2010

	MMP Adjusted prevalence [CI]	NHANES Adjusted prevalence [CI]	aPR [CI]*
Total	11.6 [10.1 - 13.4]	8.2 [7.2 - 9.3]	1.42 [1.18 - 1.70]
Sex at birth			
Male	11.2 [9.9 - 12.6]	9.1 [7.5 - 10.9]	1.24 [1.00 - 1.53]
Female	12.0 [9.9 - 14.5]	7.4 [6.5 - 8.5]	1.61 [1.28 - 2.03]
Race/ethnicity			
White (non-Hispanic)	10.9 [9.2 - 13.0]	6.6 [5.4 - 8.1]	1.65 [1.27 - 2.15]
Black (non-Hispanic)	13.1 [11.3 - 15.1]	11.9 [9.7 - 14.5]	1.10 [0.87 - 1.40]
Hispanic	13.3 [11.0 - 16.0]	11.4 [9.5 - 13.7]	1.17 [0.90 - 1.51]
Other	13.3 [9.9 - 17.6]	14.6 [11.2 - 18.8]	0.91 [0.62 - 1.33]
Age in years			
20-44	6.2 [5.1 - 7.4]	2.3 [1.7 - 3.1]	2.70 [1.90 - 3.83]
45-60	13.0 [11.2 - 15.0]	9.5 [7.7 - 11.7]	1.37 [1.06 - 1.76]
≥ 60	21.5 [18.1 - 25.4]	19.7 [17.0 - 22.7]	1.09 [0.88 - 1.36]

Patient Case

- Follow up labs included:
- HgbA1C = 5%
- CD4=640 (16%), HIV PCR < 20 copies/mL

Patient Case

- Renal Colic CT:
- Moderate hydronephrosis. Findings may be related to a recently passed calculus.
- Multiple gallstones within the gallbladder without evidence of acute cholecystitis.

Patient Case

- Medications:
 - Atazanavir 300 mg once daily
 - Ritonavir 100 mg once daily
 - Abacavir 600 mg/lamivudine 300 mg once daily
 - Amlodipine 10 mg once daily
 - Metoprolol 50 mg twice daily
 - Hydrochlorothiazide 25 mg once daily
 - Pravastatin 40 mg once daily
 - Fluphenazine 5 mg twice daily
 - Benztropine 1 mg twice daily
 - Trazodone 50 mg once daily
 - Metformin 1000 mg twice daily

Antiretroviral Toxicities

ARV Agent(s)	Advantages	Disadvantages
ATV/r	<ul style="list-style-type: none">• Once-daily dosing• Higher genetic barrier to resistance than NNRTIs, EVG, and RAL• PI resistance at the time of treatment failure uncommon with RTV-boosted PIs	<ul style="list-style-type: none">• Commonly causes indirect hyperbilirubinemia, which may manifest as scleral icterus or jaundice.• Food requirement• Absorption depends on food and low gastric pH (see Table 18a for interactions with H2 antagonists, antacids, and PPIs).• Nephrolithiasis, cholelithiasis, nephrotoxicity• GI adverse effects• CYP3A4 inhibitors and substrates: potential for drug interactions (see Tables 17 and 18a)

Patient Case

- Medications:
 - Dolutegravir 50 mg/Abacavir 600 mg/lamivudine 300 mg once daily (Triumeq)
 - Amlodipine 10 mg once daily
 - Metoprolol 50 mg twice daily
 - Hydrochlorothiazide 25 mg once daily
 - Pravastatin 40 mg once daily
 - Fluphenazine 5 mg twice daily
 - Benztropine 1 mg twice daily
 - Trazodone 50 mg once daily
 - Metformin 1000 mg twice daily

Patient Case

Metformin	↑Metformin	Consider metformin dose reductions when coadministered with TRIUMEQ.
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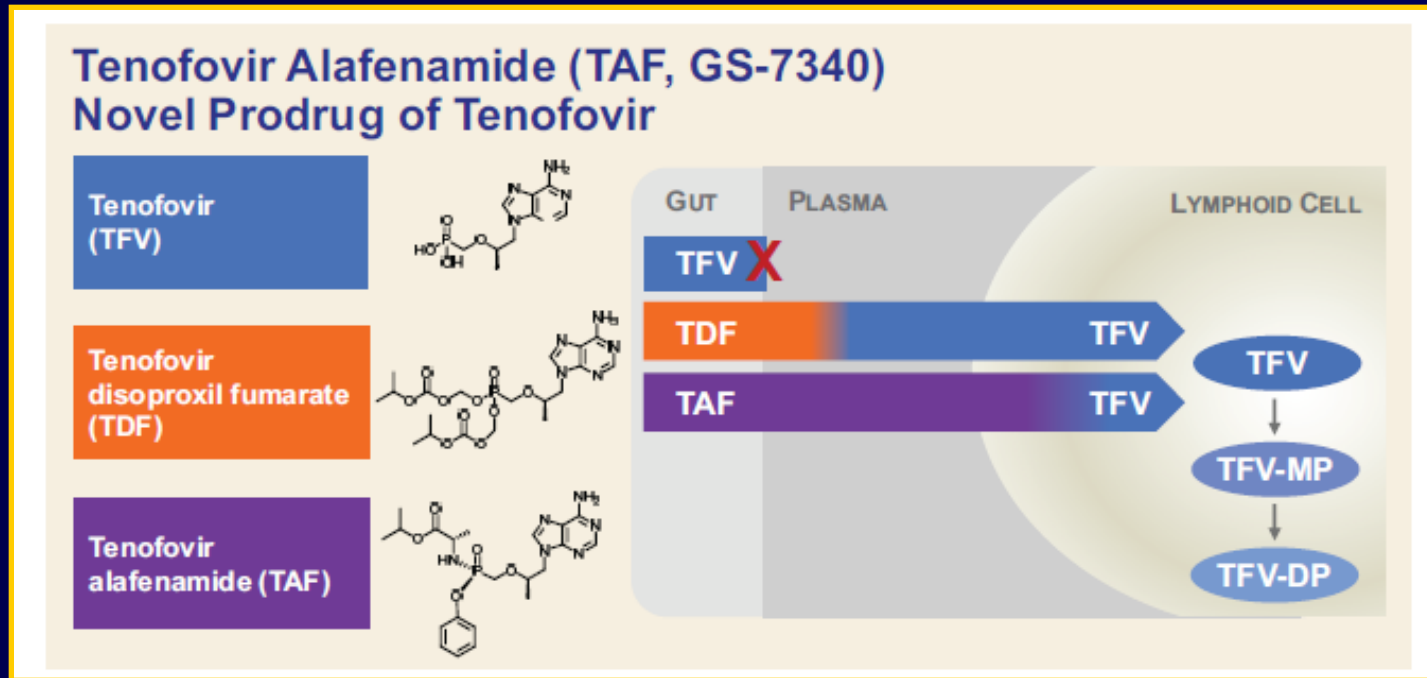
Medications:

Dolutegravir 50 mg/Abacavir 600 mg/lamivudine 300 mg once daily (Triumeq)
Metformin 1000 mg twice daily

Metformin and Dolutegravir

Plasma Metformin PK Parameter	GLS mean Metformin Alone (Period 1)	Metformin + DTG (Period 2)	GLS mean ratio (90% CI) Metformin + DTG vs. Metformin Alone
Cohort 1 (DTG 50 mg QD)	n = 15	n = 14	
C _{max} (µg/mL)	0.932	1.55	1.66 (1.53, 1.81)
AUC(0-τ) (hr*µg/mL)	6.83	12.2	1.79 (1.65, 1.93)
Cohort 2 (DTG 50 mg BID)	n = 15	n = 14	
C _{max} (µg/mL)	0.845	1.878	2.11 (1.91, 2.33)
AUC(0-τ) (hr*µg/mL)	6.49	15.9	2.45 (2.25, 2.66)

Tenofovir Alafenamide (TAF)



Tenofovir (TFV): Rapid metabolism in the plasma after oral administration

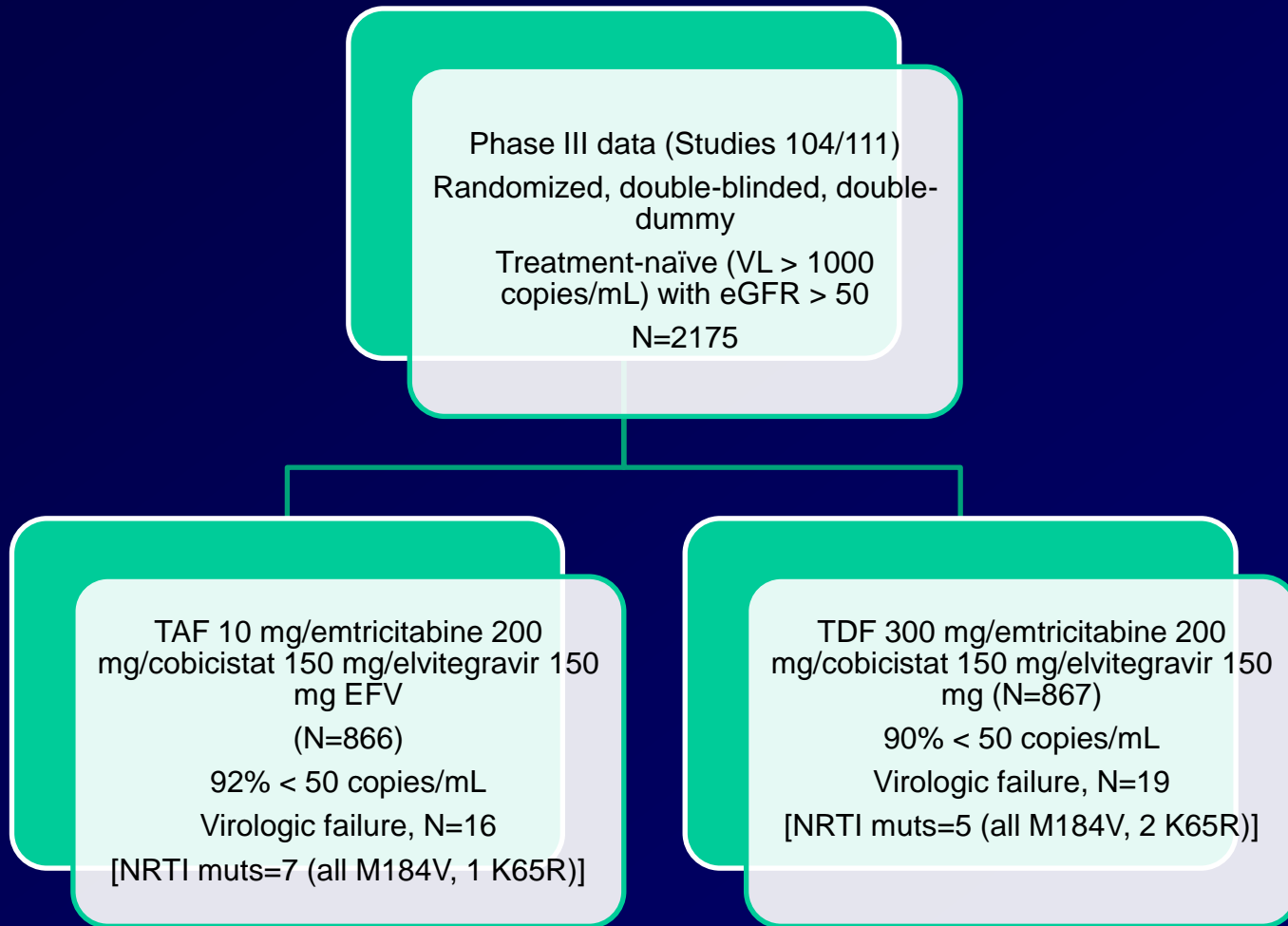
Tenofovir disoproxil fumarate (TDF) is well-absorbed and rapidly converted to TFV in plasma (renal/bone effects)

TAF is stable in plasma and not converted to TFV until intracellularly

Tenofovir Alafenamide (TAF) in a Single Tablet Regimen

- TFV plasma exposure is 90% lower while maintaining a high antiviral activity intracellularly (4-fold higher concentrations)
- TDF 300 mg \approx TAF 25 mg
 - Cobicistat increases the bioavailability of TAF by approximately 2.2-fold
 - Via the inhibition of P-glycoprotein intestinal secretion, the 10 mg dose of TAF delivered by E/C/F/TAF STR is equivalent to the 25-mg dose of TAF

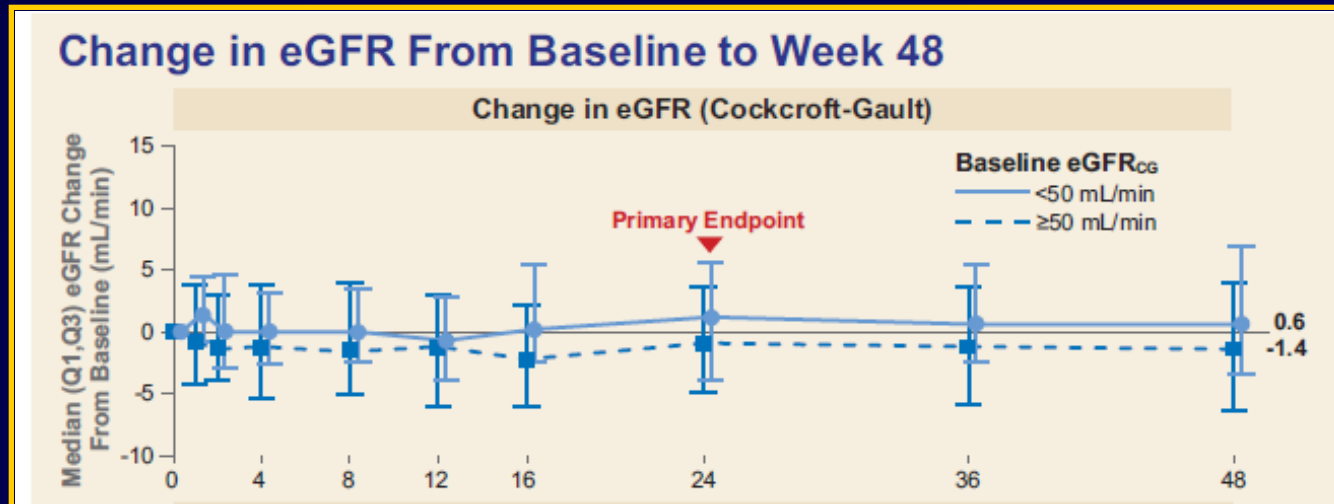
Tenofovir Alafenamide (TAF) in a Single Tablet Regimen



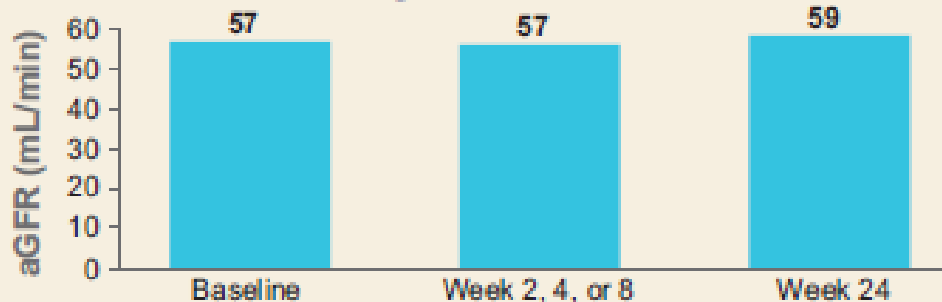
Tenofovir Alafenamide (TAF) in a Single Tablet Regimen

- Renal (week 48)—changes with cobicistat occurred at week 2
 - TAF -6.6 mL/min (N=0 for DCs)
 - TDF -11.2 mL/min (rise of SCr by 0.8mg/dL) (N=4 for DCs)
 - No cases of Fanconi's ; (N=1) of subclinical tubulopathy
 - TAF—hypophosphatemia (N=3); glucosuria (N=0); proteinuria (N=2)
 - TDF—hypophosphatemia (N=4); glucosuria (N=2); proteinuria (N=2)
- Bone (week 48) (DEXA at baseline, 24, 48)
 - 1% fractures in both groups (no fragility fractures)
 - Spine
 - TAF: -1.30
 - TDF: -2.86
 - Hip
 - TAF: -0.66
 - TDF: -2.95

Tenofovir Alafenamide (TAF) in a Single Tablet Regimen



Actual GFR by Iohexol Clearance (n=32)



	GLSM Ratio (%)	90% CI
Week 2, 4, or 8 vs baseline	99	94, 104
Week 24 vs baseline	103	97, 109

CI, confidence interval; GLSM, geometric least squares mean.

Questions

